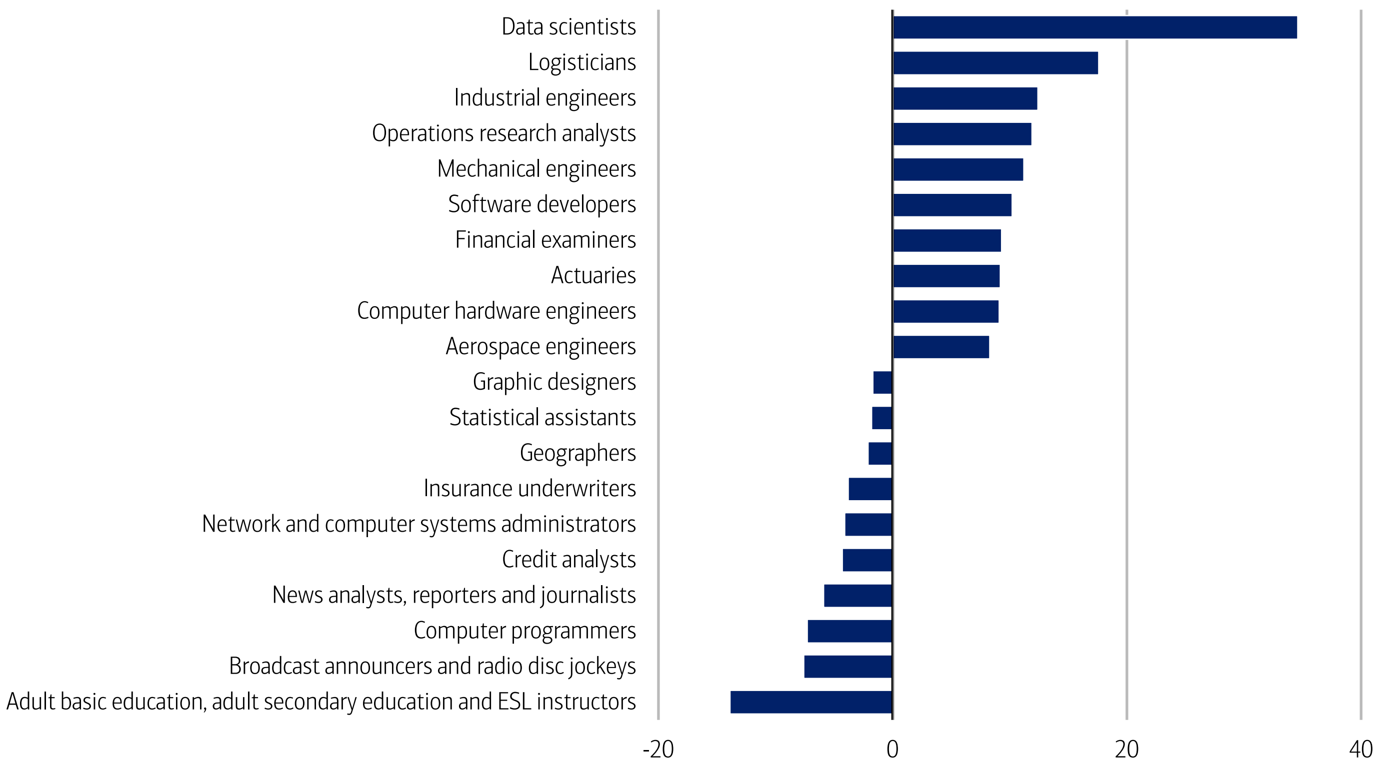
Daily Insights

What's the AI impact on recent graduates' job opportunities?

10 September 2026

Of those occupations with very high AI exposure* that require a bachelor's degree but no prior experience, data scientists have the strongest employment projection

2025-2035 select employment projections for occupations with very high AI exposure that require a bachelor's degree with no work experience in a related occupation (%)



Source: Bureau of Labor Statistics
*AI exposure indicates potential task transformation – not job loss.
Note: English as a second language (ESL).

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Younger workers and recent graduates may be more exposed to AI-driven labor market changes because they are more likely to work in roles where AI can automate or augment routine tasks. Yet many of the occupations with the highest AI exposure among recent graduates are also projected to see strong growth over the next decade.

Importantly, there is little evidence of widespread AI-driven displacement so far. Bank of America data shows that Gen Z's job-switching rate has accelerated and surpassed every other generation for the first time since 2021, suggesting younger workers continue to find opportunities even as AI adoption expands.

Read more on AI labor demand impact in Switching 9 to 5s.

In observance of the 25th anniversary of September 11, Daily Insights will not be published tomorrow. We pause to remember those who lost their lives and all who were impacted by the events of that day, while also reflecting on the resilience, compassion and sense of shared purpose that emerged in the days that followed. We will return on Monday.

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Disclosures